

Our Vision: together we build dynamic partnerships and strengthen the collaboration and integration within Wellington to:

- maximise health and wellbeing outcomes
- promote health equity
- avoid unnecessary hospital presentations and admissions
- increase meaningful community participation

Our Guiding Principles

Tackling Health Inequities; Person and Family Centred; Evidence based and evidence informed decision making and action; Cross Sector Partnership; Accountable Governance; Wellness focus; Sustainability; Systems Thinking and plan to deliver more effective health promotion programs and services underpinned by a social model of health.

Integrated Care

Goal 1: Support and strengthen the capacity of partner organisations.

Objective 1.1: Develop and implement locally agreed care pathways for people who are living with or at risk of a chronic disease.

Objective 1.2: Build the capacity of our partner organisations to implement shared care planning

Objective 1.3: Improve service coordination practices and efficiencies.

Our success measure: Improved information and referral processes between services that is efficient, timely and consumer focused.

Consumer and Community Empowerment

Goal 2: Build the capacity of our partner organisations to effectively communicate with consumers on their health planning, care and treatment.

Objective 2.1: Develop a health literacy policy framework and support implementation in partner agencies.

Our success measure: Increased consumer participation in care planning and decision making in the management of their health care needs.

Prevention

Goal 3: Wellington PCP will work in partnership with Wellington Shire Council and partner agencies to develop the Healthy Wellington Plan Strategic Plan and Action Plans that address the following 4 areas.

Priority area 1: Improve mental wellbeing with a focus on:

- 1a. Increase resilience
- 1b. Improve social connection and inclusion
- 1c. Decrease harm from alcohol and other drugs
- 1d. Decrease harm from gambling

Priority area 2: Improve gender equality with a focus on:

- 2a. Improve gender equity
- 2b. Decrease violence against women and their children
- 2c. Increase sexual and reproductive health

Priority area 3: Improve healthy living with a focus on:

- 3a. Increase physical activity & healthy eating
- 3b. Decrease smoking

Priority area 4: Address climate change with a focus on:

- 4a. Increase capacity for climate change adaptation
- 4b. Improve community resilience and municipal relief and recovery planning in the event of extreme weather and or a natural disaster

Our success measure:

As a collective we will prioritise activities in these priority and focus areas over the next 4 years. Each focus area will have an annual action plan, aligned with resource allocations, emerging directions and funding opportunities.